THE WEEDER

OCTOBER 2026 Volume 38 Issue 10

2026 CALENDAR

We meet on the fourth Monday of each month, 7:30 pm at the Brentwood Community Methodist Church, 809 Second Street in Brentwood. Board Meetings are held on the first Tuesday (after the 1st Monday) of each month, 7:00 pm in the Fireside Room. Delta Informal Gardeners encourages gardening through education and beautification of the community.

2026 General Meetings

January 26- Auction: Early time 6:00 pm
February 23
March 23
April 27
May 18*
June 23 - Members Potluck
July 27
August 24
September 28
October 26
November 23
December 7*- Holiday Potluck

2026 Board Meetings

January 6	July 7
February 3	August 4
March 3	September 8
April 7	October 6
May 5	November 3
June 2	December 1

2026 Plant Sale: May 9

At DIG's Garden - 3900 Sellers Ave., Brentwood

* Adjusted due to Holidays

PRESIDENT'S MESSAGE

I've been busy preparing and planting our winter garden. I was able to plant all my raised beds, except for one, before this heat wave hit us. Most everything I have planted has popped up and I hope to get my last bed planted in the next few days. Then I can look forward to harvesting our crops in a month or so. If you haven't planted your winter garden yet, with our current weather, you may still be able to plant one, but you will need to get it planted very soon!

Our Saturday propagating program is moving along, and we will be doing cuttings every Saturday thru November 21, so come out and enjoy a few hours with a great group of gardeners and help propagate plants for our sale. I hope to see you on Saturday between 10:00 AM and noon.

Next month we will announce our members running for board positions. If you are interested in running let us know. We will vote at the November meeting.

Bob Selders, President

Propagation & Event Reminders

Oct 17 - Propagation- Bring Plant Material
Oct 23 - R & M* 10 am (see page 3)
Oct 24 - Propagation- Bring Plant Material
Oct 31 - Propagation- Bring Plant Material
Nov 7 - Propagation- Bring Plant Material
Nov 14 - Propagation- Bring Plant Material
Nov 21** - Propagation- Bring Plant Material
** Last propagation day of 2026



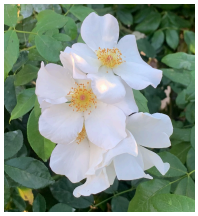


MEETING TREATS

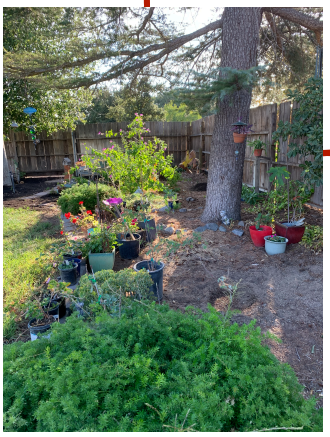
Thank you De-De, Roxanne, and Juli for volunteering to bring treats to our October 26th meeting.

Board Minutes

The October 6th board meeting was called to order by DIG president, Bob Selders, at 7:02 pm. Members present- Bob Selders, Chris Choate, Robin Choate, Debbie St. Hilaire, Ginger Guider, Fred Newlan, Gina Flint, Roger Marman, Sonja Sellers, Juli Redford. ❁ President: Bob- led the review of the events calendar for DIG 2027. November 2027 board meeting will be on the 8th and the last one for 2027 will be on Nov. 30. Holiday Potluck will be December 6th. ❁ Treasurer:



Ginger presented the balance sheet and bank balances. New reimbursement process: **must** submit the original receipt with details, such as sales tax and shipping, for proper recording keeping. Request for reimbursement **MUST** be submitted within 30 days of purchase. All purchases **must** be approved by the board to receive payment. ❁ Board approved for Ginger to research at the possibility of putting the site fund in an interest earning money market fund. ❁ Secretary: Juli- proposed the approval of minutes from the September board meeting as printed in the Weeder. Seconded by Robin, the board approved. ❁ Membership: Chris Artz provided this information in advance: We have 113 paid members. ❁ Programs: Sonja reviewed the program chairperson duties and responsibilities. She has updated the speakers list for the past many years with a few years missing. Robin will search the Weeder archive for the missing information. In January, the general meeting will be a roundtable member discussion. Members are to bring their garden photos on their phones or send the photos to Sonja to show on the projector. Members are asked to share their favorite tools, techniques or other garden related at the meeting. DIG does not currently own a projector. Sonja will loan her projector for now. Thank you, Sonja. ❁ Scholarships: 2027 Heritage High and Deer Valley High ❁ Publicity: Roger- suggested the plant sale be on a Saturday and Sunday and to get flyers to u-pick locations. Suggested moving the hoop house now since the city is taking so much time. Discussion table for future date. ❁ Field trips: Debbie-West End Nursery, San Rafael, Dec. 9th. ❁ Hospitality: Debbie-Dec. potluck Liberty Singers will perform and the room deposit is submitted. Board approved the purchase of the supplies for the tables items and utensils. The invitations will be sent to members by email. ❁ Website: Chris-DIG Facebook page views have greatly increased! 65% non-followers are visiting the Facebook site. Videos are generating 1,000 views! ❁ Permanent Plant Sale Site: nothing to update. ❁ Propagation & Plant Sale: Plant cutting propagation success rate is usually 50% so it should be providing 2,000 plants from 4,000 initial cuttings. All others from seeds, plant divisions, and purchased plants. Family Harvest Farm will be starting seeds for the 2027 sale. ❁ Nomination Committee: The names of the people nominated for the board will be published in the Weeder and sent by email to members. ❁ Donations: Discuss in November. ❁ Adjourned at 8:18 pm.



Respectfully Submitted,

Juli Redford, Secretary

OCTOBER 26, 2026

7:30 pm -809 Second St., Brentwood

MICROGREENS

Johnny Vilalo of SHE URBAN FARMS

This month we are SO excited to introduce Johnny Vilalo from SHE urban farms. A local at our own Brentwood Farmers Market on Saturday mornings! He will be speaking to us about Microgreens, what they are, their many benefits to our health, and how he grows them. He feels these are the green super foods of the future!



SHE URBAN FARMS is a woman-owned company with over 20 years of horticultural expertise and 27 years in the healthcare industry. Bringing a lifetime of experience in caring for people and plants and they have always believed in doing things the old-fashioned way: **"With pride and with our hands"**. **Handcrafted Quality:** Every tray is sown, watered, harvested, and packaged by hand. **All-Natural and Safe:** All microgreens are grown without pesticides or toxic fertilizers. **Thriving Results:** Focused on root health because when the roots thrive, your plants thrive, and so do you. Their Mission Statement is: "To end "Health Privilege" by providing wellness that can be accessible to everyone.

He will have some products for sale if you're interested.

Sonja Sellers, Programs

MEMBERSHIP

We currently have 113 paid members. To pay your dues, please make your check out to DIG and mail to DIG, P.O. Box 66, Brentwood, CA 94513, ATTN: MEMBERSHIP. Please include a completed membership slip with your payment.

Chris Artz

Membership Chairperson
925-234-0395

PROPAGATION

Propagation is in full swing on Saturday mornings at DIG's Garden. To keep things going we need members to bring plant material for us to make cuttings from. If you don't know if a plant you have is appropriate to bring you can text or call Robin at 925-759-0700. Or we can arrange for someone to tour your yard and help you choose what to bring. If it grows well and you like it, it's probably a good candidate to bring.



Once you've decided on a plant you should water it well the night before. On propagation day you should cut enough off of the plant to make 50 or less 6 inch cuttings.

Future dates are listed on page one. We meet 10 am to noon. If you can't stay to help you can just drop off plants.

Questions about Propagation call or text Robin Choate 925-759-0700.



FIELD TRIPS

- Debbie is still planning a field trip around the holidays and is considering the West End Nursery in San Rafael on either December 9 or 10. Sign up at the next meeting.
- *Chris Artz, our membership chairperson, invites everyone to join her the Friday before our meetings, around 10 am at R & M Nursery, located at 6870 Marsh Creek Rd, Clayton CA. R&M donate plants for

Who's helping in your Garden?

Send photos of your garden helpers and we'll share them in the Weeder or on our facebook page.






RECIPE

ROASTED DELICATA SQUASH

Ingredients

- 2 medium delicata squashes
- 2 tablespoons extra virgin olive oil
- 1/2 teaspoon sea salt
- 1/4 teaspoon freshly ground black pepper
- 1/2 teaspoon garlic powder
- 1/2 teaspoon dried thyme or rosemary (optional)

Instructions

1. Preheat your oven to 425°F (220°C). Line a large rimmed baking sheet with parchment paper or a silicone mat to prevent sticking and ensure easy cleanup.
2. Wash the squashes thoroughly. Trim off the ends. Slice each squash in half lengthwise. Use a metal spoon to scoop out the seeds and stringy pulp from the center. Place the squash halves cut-side down on a cutting board and slice them into 1/2-inch thick half-moons.
3. Place the squash slices in a large mixing bowl. Drizzle with olive oil and sprinkle with salt, pepper, garlic powder, and herbs if using. Toss well with your hands or a spatula until every piece is evenly coated.
4. Spread the squash slices onto the prepared baking sheet in a single layer. Make sure the pieces are not overlapping; this ensures they roast and crisp up rather than steaming.
5. Bake for 20 to 25 minutes, flipping the slices



Recipe courtesy Mia Harper of www.pleasecook.com on Pinterest

Rose Grower Group

The new Rose Grower Group met on September 17th at DIG's Garden. They shared with each other what experience they had and what they wanted to learn. It was suggested that a Rose shopping expedition might be in order. De-De volunteered to look into places to go. A "how to prune roses" session at someone's garden is under consideration for January. Text Chris Choate at 925-809-0695 if you have questions.



DIG Membership

P.O. Box 66

Brentwood, CA 94513

Please complete the membership form and return it with your dues to the address above or bring to the next general meeting.

Individual Membership.....$20

Family Membership $25

Make checks payable to DIG

Name(s) _____

Address _____

City _____

State _____ **Zip** _____

Email address(es) _____

Phone(s) (_____)_____ ☐ **HOME** ☐ **MOBILE**

_____ **New Member** _____ **Renewal**

"If your knees aren't green by the end of the day, you ought to seriously re-examine your life."



~Bill Watterson,
Cartoonist: Calvin and Hobbes~

P.O. Box 66

Brentwood, CA 94513

deltainformalgardeners.org